

Pet Disaster Preparedness Kit

We have put together a quick reference guide for pet owners to assist them in being ready for – and get through - times of disaster, quarantine and periods of living outside “the norm”. This is not an all-inclusive guide, just some of the things our staff have either experienced or added based on their knowledge from spending decades in the animal world.

PAPERWORK: Put all your documentation in a waterproof container.

- Veterinary records; both photocopies (hard copies) and digital copies (email, in your phone photos).
 - Rabies certificate – make sure it is current
 - Vaccination history
 - Medical summary
 - Prescriptions for medications
 - Most recent heartworm test result (dogs)
 - Most recent FeLV/FIV test result (cats)
- Photocopied (and digital) registration information, ex: proof of ownership or adoption records
- Pet description(s) (ex: name, breed, sex, color, weight, unique identifiers)
- Recent photographs of each of your pets (with AND without you in the photo)
- Microchip information (ex: microchip number, name and number of the microchip company)
- Your contact information, include phone numbers and addresses for your family and friends or relatives you may be staying with or you will keep in contact with

Contact your veterinarian for assistance in gathering your pet’s information if necessary.

WATER, FOOD, MEDICATIONS:

- 3-week supply of food for each animal stored in waterproof containers
- 3-week supply of water for each animal
- Non-spill food and water dishes
- Manual can opener
- Feeding instructions for each animal
- 3-week supply of any medications (if applicable)
- Medication instructions (if applicable)
- 1-month supply of flea, tick, and heartworm preventative

There are plenty of foods out there that our pets should not eat, so make sure you have items your pets are familiar with and their system is used to so you do not have to think about dealing with a pet that is not feeling right due to different foods during an event.

OTHER SUPPLIES:

- Leash, collar with ID, harness – and an extra leash, collar, harness
- Litter and litterbox
- Toys and treats
- Appropriate-sized pet carrier that will provide secure containment- (crate, kennel, evacsak) for each animal
- with bedding, blanket, or towel
- Pet first aid book and first aid kit
- Cleaning supplies for accidents (paper towels, plastic bags, disinfectant)

List of foods Dogs cannot eat:

- Chocolate and Candy
- Fruits and Vegetables
- Alcoholic Beverages
- Yeast and Mold
- Raw dough
- Raw meats
- Mushrooms
- Macadamia Nuts
- Dairy Products

List of foods Cats cannot eat:

- Chocolate and Candy
- Fruits and Vegetables
- Alcoholic Beverages
- Yeast and Mold
- Mushrooms
- Macadamia Nuts
- Dairy Products
- Raw meats
- Raw dough
- Raw liver
- Raw eggs

WHILE YOU AND YOUR PET ARE TOGETHER:

During a stay at home restriction (self-isolation, quarantine order), you can take advantage of the opportunity to strengthen your bond with your pet. If your dog is one that stays home while you are at work, they will be very happy you have to stay home with them – dogs are a very social species and thrive with us being around them. Cats are more independent, so take this with a grain of salt for them – and apply accordingly, as your cat will most likely let you know one way or the other! Spending some quality time with your pet can do wonders to reduce your stress during abnormal times.

Use the time you are restricted to your home to explore new things with your dog –

- Do they know which toy is which? Put names to their toys while playing with them – just keep it consistent
- Do they have a good enough nose to find hidden morsels that you have laid out to challenge them and engage their mind? Do some scent work!
- Will they play hide and seek with you?
- Can you put a name to actions they do and teach them that word? I.e; just before they stretch, say stretch, praise when they do it (you are really just capturing a behavior).
- Have fun with known tricks – add things to them if you can
- Teach new tricks
- Turn walks and play into training sessions – work on sit stays, recalls, wait, pretty much anything you want to, but keep it fun, high energy, and short in duration
- Have indoor play time also – just make it appropriate to the indoors, and grooming can be good bonding time too, just do not make it a chore for you or your dog.
- Try to do your walks on a regular schedule – your dog will figure out when the walk is coming and anticipate it (which actually lessens anxiety as it is part of the routine)
- The same goes for feeding, try to stick to regular times

If you have a dog that has some separation anxiety, you will find that doing these things can help alleviate that also.

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RESOURCE MATERIAL

<https://www.cdc.gov/healthypets/emergencies/pet-disaster-prep-kit.html>

<https://www.evacpet.com/>

<http://www.free-ebooks.50webs.com/Pet%20First%20Aid%20v%209%20NVAds.pdf>

<https://www.cdc.gov/healthypets/resources/disaster-prep-Pet-Emergency-Checklist.pdf>

<https://redrover.org/resource/pet-disaster-preparedness-2/>

<https://www.cuteness.com/article/list-foods-dogs-cant-eat>

<https://pets.webmd.com/dogs/ss/slideshow-foods-your-dog-should-never-eat>

<https://www.preventivevet.com/cats/human-foods-you-should-not-give-to-your-cat>